

VOICE OF THE LAKES

Spring 2021



Letter from the President

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Dear GLR Colleagues,

Welcome to Spring! I truly hope this message finds you healthy and well; enjoying the new life and hope that comes with this season! It was wonderful to see so many of you virtually during our online conference in March. What a wonderful gathering during this time when we were unable to be together in person.

As mentioned previously, the GLR Executive Committee is beginning a Strategic Planning journey. This journey will include times to **Listen, Learn and Look** as we strive to build on our Region's rich history while finding ways to grow, change and improve the work that we do. Our first step in this process is to Listen to you, the music therapists and students of our region.

You're invited to participate in our upcoming series of Listening Sessions during the month of May. All events will be held via Zoom and offer opportunities to answer questions centered around various topics important to our profession at this time. The dates and times are as follows. *Please note ALL sessions will be from 7:00 - 8:30 PM Central Time.*

GLR: The Big Picture

- **Tuesday, May 4th** ~ (open to ALL music therapists and student music therapists in the GLR Region)
- **Thursday, May 6th** ~ (open to non-members)

From Intro Class to Continuing Ed: Education and Training for Personal and Professional Growth in Music Therapy

- **Tuesday, May 11th** ~ (open to non-members)
- **Thursday, May 13th** ~ (open to ALL music therapists and student music therapists in the GLR Region)

Advocacy in the GLR

- **Tuesday, May 18th** ~ (open to ALL music therapists and student music therapists in the GLR Region)
- **Thursday, May 20th** ~ (open to non-members)

Continuing the DEI Conversation in the GLR

- **Tuesday, May 25th** ~ (open to non-members)
- **Thursday, May 27th** ~ (open to ALL music therapists and student music therapists in the GLR Region)

Registration for all listening sessions can occur using this [Google Form](#). Participants will receive the Zoom link for each listening session via email 24 hours prior to the session. An additional Google Form will be sent out in the coming weeks to gather further feedback for those who attend as well as those unable to participate. I sincerely hope you will join these conversations. Our strategic planning will be built around what we hear from you.

Thank you for the opportunity to lead and walk with you on this journey. As always, please feel free to reach out with any questions.

Warmest regards,

Melaine Pohlman, MT-BC, DT
GLR of AMTA President
glramtapresident@gmail.com

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GLRAMTAPresident@gmail.com

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Amy Furman (MN)
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Larisa McHugh (OH)
Julie Palmieri (MI)
Melaine Pohlman (IL)
Tracy Richardson (IN)
Todd Schwartzberg (MN)
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Goals

- To continue with Strategic Planning process
- To streamline conference planning
- To streamline VOL and communication

Accomplishments and Updates

- Facilitated Executive Committee business via email and conference calls
- Submitted President's Letter and reviewed Voice of the Lakes prior to publication
- Worked Lindsey Wright, treasurer, to submit information to AMTA for 990 form
- Completed Mid-year and Annual Reports for AMTA Board of Directors
- Communicated time-sensitive AMTA information to Assembly Delegates and members, as appropriate and necessary
- Answered phone calls and emails regarding GLR business
- Provided support to Executive Committee and AMTA Standing Committee representatives, as needed
- Contacted Executive Committee, standing committee representatives, and Assembly Delegates prior to conference
- Developed agendas for Executive Board meeting and General Business meeting
- Attended Regional Presidents' meeting and Disaster Response Task Force at AMTA conference

Action Items

- Coordinated with the GLR Executive Board to find ways to support or fellow music therapy colleagues and students in the region during the current pandemic
- Coordinated with the GLR Executive Board to find ways to implement new ways to support our members through additional conference scholarships and Board certification exam scholarship to name a few
- Coordinated with the GLR Executive Board to identify and begin a new Ad Hoc committee. The new GLR DEI committee is already making a difference by contributing to this conference.
- Advocated for the profession of music therapy by supporting colleagues at University of Evansville by composing a letter to support the continuation of their Music and Music Therapy program

It has been an honor and privilege to serve as the GLR President for the last two years. I am very grateful for the opportunity to serve with such an amazing Executive Board in such great region.

Respectfully submitted,

Rebecca Barnard, MM, MT-BC



The duties of the Past President include:

- Serve as parliamentarian for the Executive Committee meetings
- Chair the Nominating Committee for elections
- Update the Officer handbook/Job Descriptions
- Receive requests for Membership Support and present to EC for consideration

Assembly of Delegate Elections: Assembling the slate for the upcoming Assembly of Delegates election. GLR has 16 seats to fill, one of which is automatically filled by the GLR President. There are a total of 31 people who will be elected: 15 delegates (+President) and 16 alternates. Nominations will be taken from the floor at Saturday's business meeting.

Rebecca Barnard (IN)
Debbie Bates (OH)
Sharon Boyle (IN)
Tanya Corso (OH)
Becky Engen (WI)
Kyle Fleming (IL)
Tamra Fricke (WI)

Kellee Coviak Hansen (MI)
Allison Gunnink (IL)
Amanda Henley (IN)
Monika Hunziker-Schane (OH)
Mia Iliopoulous (IL)
Jennifer Jones (IL)
Makenzie Kojis (WI)

Brianna Larsen (MN)
Kristin Lindaman (IL)
Larisa McHugh (OH)
Chelsea Mabes (IN)
Karen Miller (IN)
Carol Olszewski (OH)
Cara Paden (IL)

Julie Palmieri (MI)
Jennifer Pinson (IN)
Laurel Rosen Weatherford (MI)
Emily Sevcik (IL)
Michael Silverman (MN)
Bernadette Skodack (MI)
Angie Snell (MI)

Todd Schwartzberg (MN)
Mary Stryck (WI)
Lee Anna Rasar (WI)
Tracy Richardson (IN)
Ericha Rupp (MN)
Emily Theurer (IN)
Jeffrey Wolfe (IL)

Membership Support

- Because the GLR had extra funds in 2020, several new member support initiatives were created and awarded: AMTA National Conference reimbursement (2), AMTA Membership Dues Support (1), CBMT Exam Fee Support (2).
- For the 2021 GLR/MWR joint online conference, we awarded two professional conference scholarships and one student conference scholarships to GLR members. We also plan to award similar scholarships for the AMTA National conference.
- The General Member Support Fund is undergoing mild restructuring to clarify how funds can be used, award caps, and number of awards available/year.

Officer Transition

- Preparing files and information as I transition off the GLR Executive Committee, so that everything is organized as Becca transitions to this role.

Thank you for the honor to serve on the GLR Executive Committee.

Respectfully submitted,

Debbie Bates, PhD, MT-BC
Immediate Past President, GLR of AMTA

The responsibilities of the President-Elect consist of acting as chairperson of the Awards Committee, reviewing special project applications, and reviewing and proposing revisions to the By-Laws as needed.

Tasks Accomplished:

- **Attended AMTA Conference Virtual Meetings:**
- **Disaster Relief Task Force, Regional Presidents, GLR Business Meeting**
- **Review GLR Bylaws and compare to AMTA Bylaws**
- **Processed Special Projects Applications**
- **Reviewed GLR Policies and Procedures with Consultations as preparations for transition to President's role**

Special Projects ~ Congratulations to...

Yu Wue, MM, MT-BC, recipient of the Research Fund. She will be conducting research on the efficacy of tele-music therapy on children with autism.

Melanie Wiseheart, MT-BC at U of L Health Peace Hospital, recipient of the MUSE Fund.

Additional funds will be available and awarded at the 2021 AMTA Conference. Application information is available on the GLR Website.

GLR Awards

Congratulations to Tracy Richardson! 2021 GLR Honorary Life Award Winner

Congratulations to Debbie Bates! 2021 Service Award

By-laws

The GLR Board and Membership approved several Bylaw changes that are small in scale but bring our GLR Bylaws more in line with the AMTA Bylaws.

Respectfully Submitted,

Melaine T. Pohlman, MT-BC, DT
President Elect, GLR of AMTA

Overview of Conference Planning

- Joint GLR/MWR Virtual 2021 Conference
 - 501 Registered via Constant Contact (MWR registration collected separately via JotForm)
 - 54 concurrent submissions - 48 accepted
 - 10 CMTE submissions - 8 accepted
 - 119 registered for CMTEs (94 3-hour CMTE; 25 5-hour CMTE)
 - 93 registered for Institutes
 - Crowdcast and Zoom created accessible and successful learning and meeting opportunities
 - 17 sponsors generated \$4,300 (Budget projected \$5,000)
 - 16 exhibitors and 12 program advertisements sold for \$2,040 (Budget projected \$625)
 - Meeting with MWR VPs by end of March to finalize shared revenue and expenses
- 2022 Conference in Minneapolis, Minnesota, April 6-9, 2022 at the Radisson Blu Downtown
 - **Due to successfully re-negotiating our 2021 contract for 2022, the GLR does not owe any money for hotel cancellation fees!**

Action Items:

- Prepare 2022 conference budget and recruit local committee members
- Review process for choosing hotels and collaborate with Helms-Briscoe to request 2023 hotel proposals
- Transition Allison Gunnink into role of Vice President-Elect
- Review policies surrounding registration for conference speakers and VPs registration
- Continue updating documents on Google Drive
- Conference Planning Policy Handbook: Monitor and modify conference policies as needed
- Build our database of potential Sponsors, Donors, and Advertisers
- Review registration rate tiers.
- AMTAS Representative on Local Planning Committee
- Explore division of sub-committees based on related responsibilities and duties
- Review and update Anonymous Peer Review policies and procedures

Respectfully Submitted,

Todd Schwartzberg
GLR Vice President

Kellee Coviak Hansen
GLR Vice President-Elect

2021 is off to a fantastic start thanks to our incredibly hardworking and innovative chairpersons. We have spent the last 2 years closely re-examining and adjusting our budget, expenses, and donation practices to better meet the needs of our members' and our goals as a non-profit 501(c)3 organization in Illinois.

Membership: We have 80 IAMT members which includes 17 brand new members for 2021. Due to the pandemic, we chose to give 50% off all levels of membership fees for 2021. We conducted a survey to determine what aspects of IAMT membership was most important and our membership responded with the following:

- #1 community and connection (via social media, our website, social opportunities, membership listserv, etc)
- #2 CMTE and learning opportunities
- #3 government relations and task force advocacy
- #4 pandemic support (resources spreadsheet, Zoom support meetings, financial supports)
- #5 networking
- #6 state updates

In order to make the actions and discussion of the Executive Board meeting more transparent and so we will be making our meeting minutes more accessible to the public; instead of having to request them from the Secretary directly, we will be posting a link to our meeting minutes in the Members Only area of the website starting this year.

Financials: The Illinois Association for Music Therapy is in good financial standing. Our main income this quarter has been via membership dues. Our main expenses this quarter have been to cover conference sponsorships for the GLR/MWR AMTA regional conference, covering a subscription for Canva, our current platform for PR, our subscription services for Quickbooks, and a retroactive payment for the speakers at our 2020 student retreat.

Amount at start of quarter : \$15,951.12

- o Income received this quarter : \$839.00
- o Expenses paid this quarter: \$918.15
- o Total balance to date: \$15,871.97

We continue to encourage our members (professionals, students, and interns) to apply for financial support should they have need; in most years many of the scholarships/support go unclaimed. We are working to ensure their dispersal by allowing members to nominate other IAMT members for financial support if they feel a member is in need.

We have allocated \$1000 dollars a year strictly for donation to organizations in Illinois that meet the financial needs of minority groups seeking funds for therapy services; this year we are donating once again to the Black in America Therapy Fund and the Autistic People of Color Fund.

Public Relations: Our chairperson coordinated the creation, editing, and posting of a YouTube video called "The 12 Days of Telehealth" in an effort to spread cheer to the MT-BC professionals, students, and clients that are utilizing telehealth platforms. It was a wonderfully fun project and the video has been viewed over 13,000 times on our Facebook Page! <https://www.facebook.com/MusicTherapyIL/videos/703561410363533>

Continuing Education: On Sunday October 25th, 2020 we hosted the virtual CMTE "Anti-Oppressive Practices for Music Therapists" presented by Hayley Francis Cann. We are in the process of planning for our Spring 3-hour CMTE (which will be held virtually) on the topic of disability advocacy. All topics are chosen based on survey responses from both members and non-members of IAMT in Illinois.

Task Force/Government Relations: On February 26, 2021 Leader Laura Murphy filed Senate Bill 2243- Music Therapy Licensing and Practice Act. The bill is waiting to be assigned to a Senate committee. The language of this bill proposes a two-tiered license: Licensed Professional Music Therapist (LPMT) for Bachelor's degree MT-BCs and Licensed Clinical Music Therapist (LCMT) for Master's degree or higher MT-BCs. The two-tiered license was proposed as a middle ground of agreement after extensive negotiations with the IL social Workers Association and the IL Speech Language and Hearing Association who had opposed licensure due to our broad scope of practice and education level required to practice.

The Task Force is hosting an Advocacy contest this month where MT students and professionals can earn entries into the contest by participating in advocacy activities such as meeting with their legislators (virtually). To kick off the Advocacy Contest, Task Force members hosted an Advocacy Watch Party where participants watched a national advocacy training video on the importance of state recognition and how to speak to legislators and other decision makers. Attendees received 3 contest entries.

Clinical Training: 10 national roster internship sites in IL; 7 are in-active most likely due to COVID limitations.

Archives: We digitally archived 3 file boxes of materials that are now available via a flash drive and are utilizing GoogleDoc cloud for our future archive needs.

Respectfully submitted,

Deborah Soszko , MT-BC
President, IAMT



Membership:

- Professionals: 62
- Students: 2
- Retired: 2
- Associates: 1
- Lifetime: 1
- Total: 68

Current checking account balance: \$2,810.03.

Meetings/Continuing Education: At the beginning of 2021 we are not planning to offer a spring meeting. We will continue to promote our 2020 CMTE and allow members to access it for free. We are hoping to return to in person come fall. In the Fall of 2020 instead of having a formal meeting, AIMT hosted a gathering event that allowed MTs to socialize and get to know each other. We had great attendance.

Task Force and Government Relations: We have been keeping a close eye on Medicaid Waiver Redesign. The original deadline was 2022 but due to Covid many of those plans have been put on hold. Appendix K allows music therapy to provide services via teleservices throughout the pandemic. We are waiting for guidance from the state about an extension based on the Federal state of emergency. In February 2021, the House of Representatives did pass a bill that included Music Therapy practice and Title protection. Our bill was picked up by a Senate Committee. The Task Force created a video for music therapy advocacy. This will be used at our Virtual Hill Day March 15th-19th. It will coincide with the Proclamation of Music Therapy Week in Indiana.

Scholarship: Leah Young from Illinois State University and interning at Rhythm Garden received the scholarship at the State meeting on Saturday. We are now offering them twice a year.

Clinical Training: There are nine national roster internship sites listed on the AMTA website.

Social Event: We have hosted Zoom get together and are continuing to find ways to serve our members. We are hoping to resume our in person social events this summer.

Continuing Education: In January of 2021 we were approved for 5 years with CBMT.

2021: President: Melanie Wiseheart	Treasurer: Kaitlin Kemp
President Elect: Leigh Ann Fuller	Secretary: Lori Peterson
Vice President: Kathy Williams	

Respectfully submitted,

Jennifer Pinson, MT-BC
President, AIMT



Membership

Our current 2021 membership is 55 individuals. This includes professionals, students, and 7 honorary lifetime members. There are also active student groups at both Western Michigan and Eastern Michigan Universities. To better engage students and encourage their involvement in MMT, we have started Virtual Meet a MT nights. These happen once a month and feature a music therapist from the state to describe their work and answer questions about the field. This has been well attended and appreciated by the students. Thank you to the presidents of both student organizations (Rachel Neve- EMU, Harmony Kelly- WMU) for helping to make this possible!

Continuing Education

Our spring workshop is tentatively scheduled for May 22, featuring Dr. Sangeeta Swamy talking about cultural responsiveness and music. This event will be virtual, and open to anyone!

Task Force

Our House Bill died in committee at the end of December. Our past sponsor, Representative Sarah Anthony (D), is willing to sponsor the bill again, but has suggested that we wait to introduce the bill until “it can get the attention it deserves” (quote from Rep. Anthony’s assistant). We’re hoping to be able to reintroduce the bill this fall, possibly in conjunction with the AMTA conference. We are in the process of updating our survey and tentatively planning for advocacy training in late summer.

MMT Memorial Scholarship

Applications for the Spring Memorial Scholarship will be due Saturday, April 10. Applications will be available from our website starting March 10.

Respectfully submitted,

Alisha Snyder, MM, MT-BC
MMT President



Membership: Current membership of the Music Therapy Association of Minnesota (MTAM) stands at 39 (26 professional members, 6 student members, 7 lifetime members) as of February 28th, 2021. We anticipate our membership will grow as we get closer to our Fall conference.

Financials: MTAM, a 501(c)3 organization, is in good financial standing with a total of \$14,869.69 in assets (Checking - \$4,028.47; PayPal - \$10,336.22; Petty Cash - \$505). The Executive Board continues to update and adjust our budget based on our mission statement to aid us in financial tracking, planning, and decision making.

State conferences: Because our regional conference is technically hosted in MN, we will forgo our state Spring conference. We are planning some asynchronous website content for our members based on their identified interests. We are also in initial planning stages for our Fall conference.

In October, MTAM completed our Fall conference series, consisting of two 2-hour workshops. Daniel Goldschmidt, MT-BC presented: Whiteness as a Source of Harm in Music Therapy Practice, Education, and Leadership, presented by: Natasha Thomas, PhD, MT-BC and Chantise Hunt, MA, MT-BC presented: (Re)Centering Culture in Music Therapy.

Awards: Congratulations to Sandra Holten, MT-BC and NMT Fellow for her Lifetime Achievement Award. In addition to serving her clients for over 37 years, Sandi has trained over 140 interns with Dawn McDougal Miller at Park Nicollet Health Services, has been an NMT fellow for over 20 years, serves on the NMT advisory council, and has contributed to music therapy organizations and education, as well as NMT and Parkinson's education and literature throughout her career. We held a congratulatory parade for Sandi on November 13, and were pleased to present her with her Lifetime Achievement award.

Scholarships: MTAM offers at least two \$300 professional scholarships three times per year with set deadlines. Scholarships can be used for professional development or advancement such as conference registration, membership dues, instrument purchase, or other needs. We were able to allocate grant funding and reallocate conference travel funding to award 5 professional scholarships this Fall, and we are in the process of awarding our Winter scholarships.

In Fall 2020, MTAM collaborated with our reimbursement committee in an effort to encourage our members to complete Waiver 101 training through the MN Dept of Human Services. We awarded two \$25 prizes to two of our 11 members who completed the training before October 31, 2020.

MTAM offers a \$300 internship stipend to at least two MN interns twice a year. In January, we had one applicant for our internship stipend, and offered one awards. Congratulations to recipient Kendall Alexander

In exchange for a report at our state conference, MTAM also provides financial support to the student MT organizations at the local universities (Augsburg University and the University of MN) to support their efforts to send their students to regional and national conferences.

MTAM has a member support stipend fund, called the Jenn Werner Fund. The purpose of the fund is to allow MTAM to provide support and relief quickly to MTAM members facing significant hardship. Members of MTAM may express a need to a board member, or nominate a member in need for a scholarship from the fund via our website. In January, our board voted to allocate 10% of all future conference proceeds to this fund.

State Recognition Task Force:

- As of January 6th, 2021 we have 336 board certified music therapists in the state of MN.
- The task force has officially changed our name from Licensure Task Force to State Recognition Task Force.

- Our national task force is working diligently to support all of those states pursuing a hill day this year.
- MN is not pursuing a hill day this session as we have been told by current trusted legislators that this session has a priority of the pandemic, social injustice, and acclimating to the large turnover after the recent election.
- We have one chief author, Sen. Jerry Newton, who is working on finalizing our new bill as the old one has expired. This new bill will stay active for the next two years. Have not heard any word from the House of Representative side, if Rep. Brian Daniels would be amenable to chief authoring our bill again.
- Currently the SRTF is working on a statewide survey to send out the week after the next regional conference. We have a draft at the moment and wanted to invite our State Association to be a part of the survey.

(Respectfully submitted by Ericha Rupp, MA, MT-BC; State Recognition Task-Force Chair)

Public Relations: Like Music Therapy Association of MN on Facebook; Follow @musictherapymn on Twitter and Instagram. Our website can be found at www.musictherapymn.com.

Other business: In 2020 and into this year, the MN reimbursement committee continues to worked tirelessly to advocate for waiver training for music therapists. They led a grassroots effort to advocate for statewide waiver changes that could open music therapy services to over 7,000 Minnesotans. They also established an email to act as liaisons with the MN Dept of Human Services: reimbursementliaisonmtam@gmail.com. More is planned for 2021!

MTAM established racial equity goals, which will be ongoing. Our board's goals are to: actively engage in our own cultural humility education, prioritize conversations that isolate race and challenge whiteness, seek to provide various means of tangible support for BIPOC within our communities and profession, and prioritize thoughtful and careful provision of cultural humility-focused professional development opportunities for music therapists in our state.

MTAM established a COVID-19 response team. MN MTs, students, and interns self-assessed need for support in the following areas: Social/Emotional Support, Self & Community Care, Financial Support, and Tech Support. We held Zoom support groups weekly until June, shifted our Spring conference focus to self-care, and added a COVID-19 resource section to our website. We also increased member scholarships, and continue to assess the needs of our members.

MN offered discounted student membership again this year, allowing half price membership for the month of January.

In December, MTAM was awarded another a \$2500 grant from the Cannon Family Foundation. In January, we were awarded a \$3000 grant from the Minneapolis Foundation. Both grants are thanks to Ed Cannon from Zivix. With these funds, MTAM will continue to offer student/intern members the ability register and attend MN conferences at no cost to them. In addition, the grant allows us to dream bigger with our conference offerings and other support options for members, offer more support to our professional members, more robustly fund internship stipends, and continue supporting student organizations at the universities.

MTAM will hold our executive board elections in Fall of 2021. Newly elected board members will begin in January of 2022.

Respectfully submitted,

Stephanie Holman Hubbard, MT-BC
President, Music Therapy Association of Minnesota



- At the opening of 2021 AOMT has 47 professional members, 11 students, and 1 affiliate.
- We were able to provide four COVID Self Care Support awards. 2 professionals and 2 students each received a \$50 gift certificate to a wellness-based institution of their choice.
- 2020 Delaina Hodgson Music Therapy Intern Scholarship: Ellyn Winski
- We awarded several Special 2020 COVID Financial Support Awards which consisted of a free 2021 membership.
 - Student recipients: Alexa Paulus, Meghan Sayre, Christine O'Keefe, Emily Szillat
 - Professional recipients: Elise Morton, Tyler Perry, Stephanie Morris
- AOMT's student rep and student coordinator organized a virtual internship director roundtable to help students and internship directors connect, ask and answer questions, and network. The event had a very good turnout with positive feedback.
- We are planning a virtual state conference this year in September. Stay tuned for the specific dates and call for papers.

Respectfully submitted,

Valerie Robinson, MT-BC
AOMT President



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WCMT is looking forward to a year to reconnect with membership.

- We have had strategic planning as a board and are presenting bylaw changes with adaptations to our chair positions for approval in hopes to better serve our member needs!
- March was another music therapy month in WI with signed proclamation from our governor!
- We had a free event April 10th which included our next business meeting, topics regarding funding related to virtual MT services, advocacy, and "springboarding" off of Covid-19.
- Looking back, WCMT held a virtual CMTE in October of 2020 on mental health during the pandemic along with our business meeting.
- Our membership is currently at 52 total (47 professional, 3 student, 2 retired).

Respectfully submitted,

Lynnae Sis, MT-BC
WCMT President



- As Student Advisor, I've been assisting with gathering financial statements and making purchases using the debit card for the student account. I've also been attending the monthly student e-board meetings as well as the joint Passages meetings.
- Our students are doing incredible things, especially in the middle of a pandemic.
- Held Winter Student Representative meeting in February to check in with students, and provide updates from GLR-AMTAS, AMTAS, and the new GLR DEI committee.
- Met with MWR-AMTAS board members to plan our joint Passages Conference on March 4th from 11:00 - 5:00p. The focus this year is "Things are Better: Stronger Together."
- Raised \$270.30 from our GLR-AMTAS Store. Visit the store to purchase your music therapy swag: <https://www.bonfire.com/store/glr-amtas-store/>
- Received \$300 from AMTAS Region Support fund to help with scholarships
- Created and sent out GLR-AMTAS newsletter highlighting scholarship opportunities, GLR Conference, and music therapy student organizations across the GLR region.
- Updated the resources on our website including: affinity group contacts, state professional chapters, internship timeline guide, and mock resume examples
- Continued offering a social networking hour on the first Thursday of each month.

Respectfully submitted,

Anna Baker
GLR-AMTAS President

Bernadette Skodack, MM, CBIS, MT-BC
GLR-AMTAS Advisor



THE GLR WEBSITE

→ UPDATE & RE-BRANDING

◆ At the end of 2020, the GLR website and branding underwent a complete refresh. Every page on the website was brought up-to-date.

→ NEWS -- conferences, CMTes, and events around the region

◆ Does your organization have an event? Reach out, and I will post it for you on the website and share on social media.

→ Since March 1, 2020, we have had 15,000 page views on the GLR website.

◆ The most visited areas of the website include the homepage, conference, members only area, and about sections

◆ This number of views was down, but most likely because there was a separate website for this year's joint conference with the Midwestern Region.

THE GLR NEWSLETTER/COMMUNICATIONS

We are continuing to communicate with our members on a frequent basis via our newsletter.

PLEASE NOTE: If you are not receiving these emails and you are a member, please check your spam/junk folder, check your promotions tab, OR contact us via the contact form on the GLR website.

SUPPORT

I am here to provide support with our website. Over the last year, I've fielded questions about conferences, being a member of AMTA, accessing the Members Only Area of the website. If I do not know the answer, I can usually find someone who does.

GLR SOCIAL MEDIA

Facebook: <https://www.facebook.com/GLR.AMTA/>

Twitter: <https://twitter.com/gramta>

Instagram: <https://www.instagram.com/gramta/>

See you online at www.GLR-AMTA.org!

Respectfully submitted,

Julie A. Palmieri, MM, MT-BC
Great Lakes Region Website Coordinator

1. APAC, as a primary task, approves new programs and re-approves existing academic programs:
 - At the moment there are 94 approved programs in music therapy
 - To date, in 2021, one new bachelor's degree has been approved: BM, Austin Peay State University, TN
 - Two new bachelor's programs and four new master's programs are under review
 - Two reapprovals were granted for Augsburg University and Molloy College
 - One reapproval is in process
 - Overall, for the year, APAC has reviewed 10 program applications for approval or reapproval
2. Our committee work is year-round, so we have adapted our meeting schedule and processes to better address ongoing needs.
3. APAC proposed 15 changes to the Standards of Education and Clinical Training. Most have been approved. Highlights that went into effect January 1, 2021 include:
 - Newly approved programs will be required to provide specific program updates after three years for the purpose of supporting new program directors and strengthening administrative support at the program level. Following this update, these programs will remain on schedule for the typical 10-year re-application 7 years later
 - Distance learning guidelines were adjusted to improve transparency at both the program and course levels
 - Only a handful of programs have NASM and AMTA approval to offer distance learning. Any program desiring to remain online post-COVID will have an abbreviated application and will be responsible for maintaining those Standards in subsequent reviews. The current date for this requirement is July 1, 2021
 - To aid transparency, AMTA Professional and/or Advanced Competencies mapped to a course are required to be shared on course syllabi
 - AMTA suggests an undergraduate student/faculty ratio of no more than 20:1 with a lower ratio for program directors
4. Guidelines for University Affiliated Internship Guidelines have been approved. There will be a webinar available on the AMTA-APAC committee webpage. The purposes of these Guidelines are 1) to support program directors in knowing what structures to implement and support, 2) to clarify roles for supervisors, and 3) to provide clarity and protections for students.

Respectfully submitted,

Carol A. Olszewski, PhD, MT-BC
GLR Representative for Academic Program Approval Committee

The goals and tasks of the Clinical Practice Networking Committee are related to advancing the Mission and goals of AMTA, especially in the area of Professional Development: II. Professional Development [AMTA Strategic Plan, 2000] “AMTA’s on-going commitment is to ensure quality music therapy services by maximizing the development of professionals. Fulfilling the goals of ensuring access to quality music therapy services necessitates a growing number of professionals to deliver music therapy services. 3.5 Develop and encourage leadership training and mentoring opportunities at every level of association.”

GOAL: To provide coordination for networking and mentoring opportunities for practitioners working in a range of settings and with different populations, and to foster communication between committees and with professionals in related fields.

TASKS:

1. To develop networking opportunities to support music therapists working with a broad range of populations.
2. To host a round table with cash luncheon at the annual national conferences and organize networking opportunities at the regional conferences to further expand the development of clinical populations' sub-groups.
3. To identify various structures that enable mentoring for music therapists working with a broad range of populations.
4. To inform AMTA members of the work of this committee via regional and national publications as well as on the Members Only section of the AMTA website.

Natalie Generally Kirk had contacted all regional presidents with these requests related to this committee:

1. When creating the conference schedule, we ask that you contact your regional CPN rep to coordinate scheduling the event(s) as early as possible.

2. We ask that the CPN rep be given responsibility to choose the type of event/date/time(s). Some regions have offered the same structure year after year and we ask that you be flexible and willing to allow your representatives opportunities to develop the formatting for this event. In example, some regions have hosted breakfast networking, while others have had success hosting a happy hour/music event.
3. We would like the networking event not need to compete with other events/conference, if possible, in an effort to maximize attendance and success of these events.
4. I am encouraging our representatives to be considerate of accessibility needs for these events (i.e., language access via CART for online platforms, chairs for attendees, size of room). As such, assistance with these considerations is greatly appreciated.
5. During opening ceremonies, we ask that the representative (or speaker at the event) make an announcement for the event to conference attendees.
6. We would like to add a question to the post conference survey regarding the networking event in hopes of getting feedback for development of future events.

Populations networking groups: There were 50 in attendance. Groups with no one present were: Administration, Addictions, Consultants, Palliative Care, Wellness. The other groups were pretty equally attended.

Evening networking group: There were 15 people, and it turned out to be a nice sharing time. People shared about their favorite sessions, their challenges in the pandemic and their successes in the pandemic and talked about topics they would like to have for future sessions.

Respectfully submitted,

Lee Anna Rasar, MMed, MT-BC
GLR Representative for Clinical Practice Networking Committee

Updates from the AMTA-DEI committee to share with the GLR region:

- On February 11, the DEI committee hosted a national town hall on zoom with approximately 150 attendees, to connect with the music therapy community (students, professionals, members of AMTA, and non-members of AMTA). During the town hall, we shared information about the committee and the active goals and tasks the committee is working on and responded to questions and comments from attendees.
- The DEI committee has an updated web presence on the AMTA website under the News from AMTA Committees and Boards sections of the Member Resources. Their website is https://www.musictherapy.org/members/official/com_diversity/. The committee also has a gmail address (amtadeicommitee@gmail.com).
- In the summer of 2020, the DEI committee was involved in the selection of a committee who hired Adonia Coates, our new executive director. The DEI committee created criteria, an online application, reviewed and ranked applicants, and made recommendations of 4 members to the AMTA Board.
- The DEI committee has been hard at work and is currently focusing on tasks related to two primary goals: to increase diversity and multiculturalism training and resources for AMTA members, and to provide a support system, including tools and resources, for music therapy professionals and students from minority groups.

Respectfully submitted,

Sangeeta Swamy, Ph.D., MT-BC
GLR Representative for Diversity, Equity, and Inclusion Committee

Main Order of Business

The International Relations Committee (IRC) is charged with facilitating awareness of international opportunities and events by AMTA members and with the inclusion of international perspectives of music therapy in AMTA. We assist international students, support international guests at the annual national conference, host the Global Perspectives session, and inform AMTA members of international opportunities and collaborations.

Committee Goals

- To facilitate awareness of international opportunities and events by AMTA members, and the inclusion of international perspectives of music therapy in AMTA
- To assist the President of AMTA with matters concerning the World Federation of Music Therapy (WFMT), such as facilitating communication and the distribution of information
- To assist international students
- To facilitate awareness of music therapy among disciplines, organizations, and professionals in other countries
- To work with national conference planners to ensure inclusion of events that represents a diverse ethnic music focus.

Key Successes

- Distributed the IRC-created International Students/Intern Corona Virus Needs Assessment Survey to our membership. Survey results will be presented for strategic planning.
- Created a report on the outcomes of the Needs Assessment Survey and if information to the COVID-19 Task Force.
- Committee members personally followed up with survey respondents who volunteered their contact information on the survey.
- Reviewed and discussed the 2020 Global Perspectives Session (GPS) at the National Conference, regarding the first online delivery experience, live stream, and recorded presentation options. The 2021 GPS sessions will be focusing on social justice.

Action Item

- A social media blast will be created to share the follow up plan for the AMTA/IRC survey, including a new survey to find out any updates for the respondents. Each representative will contact respondents from their region for follow-ups.
- IRC is in progress of scheduling the quarterly meetings and topics to discuss.
- IRC is creating a media blast to membership and Facebook posts to nonmembers to reach out and get input.
- IRC is looking into other organizations as for how they support international students. Committee representatives will reach out to possible organizations and we will provide that information to AMTA and decide how to proceed with meeting our task of assisting students.
- IRC is in progress of scheduling a GPS planning meeting to discuss timing and structure of GPS for the 2021 National Conference.

Supporting Materials

- Link to the International Students/Intern Corona Virus Needs Assessment Survey: <https://forms.gle/NeMbKVL8g3P5Woz37>
- The link for the follow up survey is in the process of being approved by committee members.

Respectfully submitted,

Roberta Kagin, PhD, MT-BC
GLR of AMTA International Relations Representative

Goals and Tasks of the ICRC:

1. Educate the music therapy profession to other professionals, disciplines, and organizations in the United States about the profession of music therapy.
2. Interpret the attitudes and opinions of these organizations about music therapy and its Scope of Practice.
3. Identify, develop, maintain, and give recommendations to AMTA regarding relationships between AMTA and other organizations.

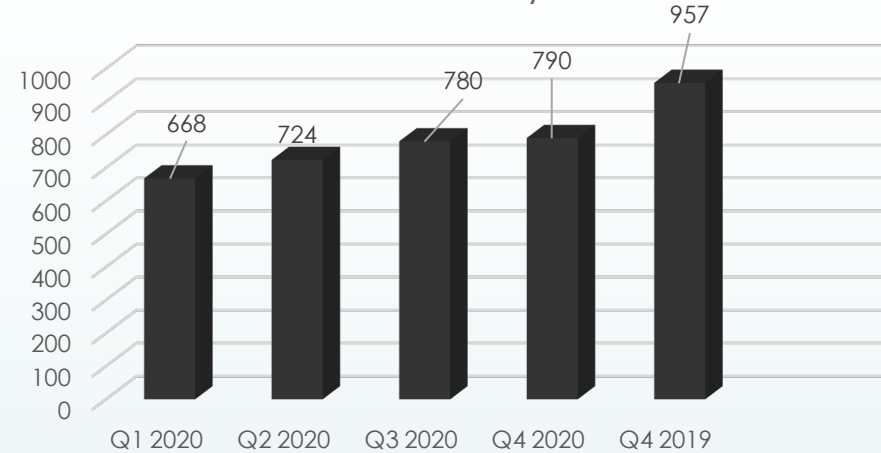
Active Goals and Activities

1. Complete Fact Sheets
 - a. The committee is developing and updating five fact sheets that are identified by AMTA as having the "highest need". They include neurodegenerative diseases, mental health, addiction treatment, and pain. Special education is completed and is under its first round of review. Committee members are collaborating with experts in music therapy to create content.
 - b. The committee is increasing fluid communication with AMTA by designing an online filing system to be shared between committee members, tag group members (contributors for the fact sheets) and DEI committee members (for fact sheet review).
2. Increase visibility of music therapy and its effectiveness
 - a. The committee is developing a plan to spotlight music therapy work which will be featured on the AMTA website and social media on a regular basis and which can be shared beyond the AMTA community.
3. Future project includes:
 - a. Offering a CMTE course that provides strategies and resources for music therapists to better connect with and educate professionals about the field of music therapy.

Respectfully submitted,

Laura Pawuk, MM, MT-BC
GLR of AMTA Interprofessional Collaborative Resource Representative

GLR Members by Quarter



1st quarter (2020) = 668

2nd quarter (2020) = 724

3rd quarter (2020) = 780

4th quarter (2020) = 790

4th quarter (2019) = 957

3rd quarter (2020) new members = 6

Grad Student- 1

Professional- 4

Student- 1

3rd Quarter membership category totals:

Affiliate- 3

Associate- 3

Grad Student- 52

Honorary Life- 8

Inactive- 0

Life- 1

Patron- 0

Professional- 580

Retired- 10

Student- 133

Respectfully submitted,

Rachael Lawrence-Lupton, MA, MT-BC
Membership Committee Representative

We strive to work with music therapists needing assistance in determining the best course of action with confusion and misrepresentation and advocacy within their workplace and community. Ways we engage with music therapists include:

- Presenting to a variety of national and regional conferences
- Maintaining an active, private Facebook group with a variety of advocacy resources, including recorded presentations, readings, and blogs that help deepen understanding of advocacy. Group members are encouraged to message the committee if they need help through instant messaging.
- Preserve a resource file of misrepresentations, consultations, and general communication referred to the committee

Additionally, the committee has created subcommittees of presentations, graphics, social media, and analysis of committee trends from 2016-2020. Each group is helping to refresh our committee documents and provide updated information to AMTA.

Continue to reach out to your regional representative to receive consultation about education and advocacy issues and for the committee to document for trend related issues. Remain available through our committee email AMTAprofessionaladvocacy@gmail.com

Respectfully submitted,

Jessica De Villers, MA, MT-BC
GLR of AMTA Professional Advocacy Representative

- Thanks for allowing me this opportunity to serve.
- This is my first report.
- Congratulations to Minnesota (Stephanie Hubbard, President) for the exciting work they are doing in that state!
- Other states are welcome to get in touch with me at Stephanie@ohiomt.com for questions/comments

In response to the pandemic, service access varied greatly this past year depending upon clinical population and facility type.

2020 Trends

- Music therapists working in medical hospitals and behavioral health programs were often considered “essential workers”.
- Access to senior adult care facilities appeared to be the most difficult due to contract service providers being restricted from entering buildings.
- Some Medicaid Waiver programs did not allow virtual/telehealth sessions
- Although the shift to telehealth brought challenges, there were positive outcomes related to this new form of service access.
 - Inclusion of families in treatment process
 - Providing important social connection with clients to assist them in dealing with restricted access to family/visitors
 - Fewer cancelled sessions

Committee recommends that members explore relationships and network building within local and state communities to assist with expanding service access, support, and potential funding. Examples include:

- Chamber of Commerce-local chapters
- Arts Councils-local and state
- State and local coalitions/alliances with providers and organizations, i.e., ANCOR- The American Network of Community Options and Resources
- State Agencies, i.e., Medicaid Waiver Programs, Health Departments, Departments of Developmental Disabilities
- Foundations/Grant Sources

Plans for 2021

- Expansion of website resources
 - Industry acronym definitions and reimbursement “cheat” sheet
 - Map with state specific funding information and contacts
 - Population based reimbursement guidance
 - Opportunities for advocacy to increase reimbursement success
- Coordinate efforts with Government Relations Committee and State Task Forces
- Review software programs for telehealth practice and billing options
- Recommendations for service area diversification to protect MT business
- Implement social media strategy to increase engagement with MT community
- Explore possible service access opportunities created by the newly enacted Commander John Scott Hannon Veterans Mental Health Care Improvement Act of 2019 (Pub. L. 116-171)

Respectfully submitted,

Stephanie H. Morris, MM, MT-BC
GLR Representative for Reimbursement Committee

At the 2021 GLR/MWR Joint Conference there were numerous presentations that focused on and addressed various aspects of research (designing, conducting, collaborating, and publishing), as well as the breadth and depth of the research process. This included:

- **Dosing the Harmonica to Measure Pulmonary Effectiveness: Research and Clinical Practice** By John Schaman, M. D., Lee Anna Rasar, MT-BC, WMTR
- **At the Intersection of Art, Science, and Health: The Importance of Team Science** By Jessica A MacLean, MM, MT-BC; Sheri Robb, PhD, MT-BC; Kristin Stegenga, PhD, CPON; Susan Perkins, PhD; Kristen Russ, PhD; Steven Holochwost, PhD; Amanda Henley, MM, MT-BC; Seethal Jacob, MD, MS, FAAP; Jenny Shoop, APRN-NP, DNP, PCP-PC, CPN; Caitlin Krater, MS, MT-BC
- **Publishing in AMTA Journals: Manuscript Preparation and Responding to Feedback** By Laura Beer, PhD, MT-BC; Blythe LaGasse, PhD, MT-BC
- **Music and Mindfulness Practices: A Systematic Review and Recommendations for Clinical Application** By Abbey Dvorak, PhD, MT-BC; Gabriella Bernard; Riley Beveridge-Calvin; Meiqi Li; Katie B. Kingsley; Alyssa Wendel; Macy Landes; Garret Baumler
- **The Research Study Journey: From Proposal to Publication** By Crystal Weaver, MHA, LPC, CRC, MT-BC; Tracie Sandheinrich, MA, PLPC, MT-BC; Jaime Kennington Wilhite, MMT, MT-BC
- **From Research to Practice: Systematic Review of Therapeutic and Group Drumming** By Annie Heiderscheit, PhD, MT-BC, LMFT; Martha Young, MT Student

We were provided a unique opportunity to think outside of the box for the research fair. This year presenters created brief video presentations of their research project. This platform provides an opportunity to hear from each researcher or research team and to download the research abstract. The research fair featured 15 research projects.

- **Assessment and Clinical Decision-Making During Imminent Death in Hospice Music Therapy** By Erin Fox, MMT, MA, MT-BC; Alexa Economos, MMT, MT-BC; & Noah Potvin, PhD, MT-BC
- **A Systematic Review of Constructs and Psychometric Instruments Used in Randomized Trials in Substance Use and Misuse, 2011-2020: Implications for Music Therapy Research** By Jessica Pouranfar, MT-BC; Michael J. Silverman, PhD, MT-BC
- **Evaluation of Treatment Targets and Scientific Merit Ratings in Music Therapy Intervention with Individuals with Autism Spectrum Disorder: An Integrative Review** By Jennifer Whipple, PhD, MT-BC; Todd Schwartzberg, MEd, MT-BC
- **The Looking Glass-Self Theory and Self Work: Identifying Biases to Create Open Music Therapy Spaces** By Rachel Yurik; Michael J. Silverman, PhD, MT-BC
- **Understanding Lyrical Expression, Songwriting Themes in Pediatric Cancer** By Jaime Kennington; Crystal Weaver; Tracie Sandheinrich
- **Music Therapy to Decrease Patient Anxiety Before FDG-PET/CT Imaging** By Crystal Weaver, Sarah Frye, Andrew Dwiggin, Anna McMunn, Anna Hardy, Christine Batha, Crystal Botkin, Ian Katz, Razi Muzaffar, & Medhat Osman
- **A Descriptive Study of On-Campus Music Therapy Clinics in the United States** By Todd Schwartzberg, MEd, MT-BC; Michael Silverman, PhD, MT-BC
- **The Neuroanatomical, Neurochemical, and Phenomenological Correlates of Clinical Improvisation: Feasibility and Pilot Data** By Edward A. Roth, MM, MT-BC
- **The Use and Instruction of Braille Music: A Brief Review and Survey** By Claire Loritz
- **Healing at Home: A Virtual Music Therapy Group for Women with Cancer** By Elizabeth Bullock, MTI; Samuel Rodgers-Melnick, MT-BC
- **A Conceptual Framework for Anti-Oppressive Music Therapy Practice** By Natasha Stark; Michael Silverman, PhD, MT-BC
- **The Effects of Music Assisted Relaxation on College Student Stress and Anxiety Levels** By Lillian Schierbrock, Felicia Lonosky, and Jennifer Jones, PhD, MT-BC
- **The Impact of COVID-19 on the Mental Health of Music Majors** By Katelyn Hying, Erin Simmons, and Jennifer Jones, PhD, MT-BC
- **Understanding the Experience of Discussing Race and Racism during Clinical Supervision for Black Music Therapy Students** By Janae Imeri and Jennifer Jones, PhD, MT-BC
- **Systematic Review of Trauma-Informed Care Practices with Music for Refugees: Implications for Music Therapy Practice** By Gabriella Bernard, Abbey Dvorak, PhD, MT-BC

Research funding opportunities

We continue to navigate an exciting and unprecedented time with increased focus on music, neuroscience, and music therapy based research. There are calls for proposals from major funding bodies such as the National Endowment for the Arts (NEA) and the National Institutes of Health (NIH). Below is a recent announcement from the National Endowment for the Arts and the National Institutes for Health.

Over the next five years, Creative Forces®: National Endowment for the Arts (NEA) Military Healing Arts Network intends to provide \$2.5 million in new research funding to support feasibility studies and subsequent randomized-controlled trials (RCTs) to address priority research questions. As a first step, Creative Forces will issue two Requests for Applications (RFAs) in March 2021. As many as four awards will be made under each announcement, for up to \$325,000 per award, to support research projects preparatory to a series of RCTs. These initial research projects will be feasibility studies of 18-24 months in duration.

All proposals require a collaboration with art therapists or music therapists in the Creative Forces program (<https://www.creativeforcesnrc.arts.gov/what-we-do/locations>). It is expected that all experimental research activities (i.e. pilot/feasibility studies or RCTs/large-scale studies) will take place at Creative Forces sites. Therefore, we are available to assist in the pairing of interested applicants with a respective Department of Defense (DoD) or Veterans Affairs (VA) Creative Forces site upon request.

The National Institutes of Health is hosting a series of three meetings that represent the first step in an effort to develop evidence-based music therapies for brain disorders of aging. These meetings will be hosted by the National Institutes of Health (NIH) in collaboration with the Foundation for the NIH and the Renée Fleming Foundation. We want to sure that the community of music therapists and music therapy educators are aware of these events.

The first of these meetings, [Laying the Foundation: Defining the Building Blocks of Music-Based Interventions](#), will take place on **Wednesday, March 31, 2021, from 1 to 5 p.m. ET**, and is open to the public. It will feature a presentation by Dr. Shai Silberberg, director of research quality at the National Institute of Neurological Disorders and Stroke, on scientific rigor, reproducibility, and the predictive value of preclinical research. A roundtable discussion will follow to gather input on the creation of a toolkit for research on music and health across the lifespan. Facilitated by Mr. Alan Weil, editor of *Health Affairs*, this discussion will include individuals representing neuroscience, music therapy and music medicine, behavioral intervention development, clinical trial methodology, and patient advocacy and arts-based organizations.

Save the dates for the second and third meetings:

- June 18, 2021: [Assessing and Measuring Target Engagement: Mechanistic and Clinical Outcome Measures for Brain Disorders of Aging](#)
- August 25, 2021: [Relating Target Engagement to Clinical Benefit: Biomarkers for Brain Disorders of Aging](#)

We encourage those interested in attending the first meeting to register using [Eventbrite](#) and to learn more in [this blog post](#) by Dr. Emmeline Edwards, director of the NCCIH Division of Extramural Research. Questions can be submitted in advance to NCCIHwebinarQ@mail.nih.gov or during the meeting using the live event feedback form.

Respectfully submitted,

Annie Heiderscheid, Ph.D, MT-BC, LMFT
GLR Representative for Research Committee

Action Items:

- The committee retention survey was published this quarter. The focus is on spreading it to all current and former music therapists.
- Notes from Natalie Generally Kirk (Council Coordinator): The committee is thinking about having volunteers for the committee from each region. The committee is looking into working with ICRC and APAC. National conference will be in Jacksonville, Florida on the week of October 11, 2021. The committee will be holding meetings online outside of conference.

Accomplished Items:

- Submitted retention survey to AMTA with revisions. The committee is now promoting and sharing the survey. The survey will also be included in the AMTA Newsletter.
- Developed Google form for a place to receive retention feedback from membership. The committee is now promoting and sharing the survey.

Committee Representatives:

1. Goal 1 Task 1: The committee is reviewing info about music therapy as a major and targeting the information to college applicants. **This is ongoing.**
2. Goal 1 Tasks 2 and 3: The committee is reviewing the list of community and junior colleges and will give them information about music therapy for options for their students after graduation. **This will be started in the fall of 2022.**
3. Goal 1 Task 4: Regional conference is combined with MWR. It will take place on March 4-7. The high school regional conference session is on **March 6 from 8:30-9:30 CST.**
4. Goal 2 Task 2: The committee finished the retention survey, and it was published on AMTA's website on 2/19/21. Please see the attached page for how to appropriately share the survey.
5. Goal 2 Task 3: The committee will make changes after receiving the retention survey results
6. Goal 3 Task 1: The committee has a Google Form for members to talk about problems they are facing in the field. This form is ongoing, and it was published on 2/19/21. The results from the form will foster change. **This is ongoing.**

Respectfully submitted,

Krista Cole, MT-BC

GLR Representative, Workforce Development and Retention Committee



General Business Meeting Minutes

Virtual

March 5, 2021

- I. Call to order – 7:01pm ET
- II. Approval of agenda
Motion: Megan Brewer
Second: Todd Schwartzberg
Approved
- III. Approval of minutes from AMTA Zoom Meeting (November 2020)
Motion: Sharon Boyle
Second: Leslie Henry
Approved
- IV. Elected Officer Reports:
 - a. President: Rebecca Findley Barnard
 - Creation of DEI Committee
 - 2 additional special projects
 - Certification test scholarship
 - advocacy
 - b. Past President: Debbie Bates
 - assemble the slate for assembly of delegates
 - 16 seats to fill, gained one from current assembly
 - 16 delegates, 16 alternates
 - new member support initiatives
 - 2 AMTA national conference reimbursements, 1 AMTA membership due reimbursement
 - 2 professional, 1 student scholarship
 - c. President Elect: Melaine Pohlman
 - 2 awards
 - Lifetime Achievement – Tracy Richardson
 - Service – Debbie Bates
 - Special projects
 - Research - Yu Wue
 - MUSE – Melanie Wiseheart
 - Bylaw changes
 - congruent with AMTA
 - changes highlighted within the document (specific changes listed below under new business)
 - d. Vice President: Todd Schwartzberg
 - e. Vice President Elect: Kellee Coviak Hansen
 - Registration numbers
 - total registrants 423/91 (545)
 - members 220/17
 - non-members 59/7
 - students/retired 147/32
 - state totals
 - IL – 85

- IN – 119
 - MI – 85
 - MN – 73
 - OH – 69
 - WI – 52
 - other - 28
- Programming
 - 54 concurrent session submissions, 48 accepted
 - 10 CMTE submitted, 8 accepted
 - 86 registered for 3-hr
 - 23 registered for 5-hr
 - 3 institutes
 - Student registrants
 - Future MT Programs
 - 15 participants
 - 102 students registered for Passages
 - Sponsorship
 - \$4,300
 - added new level of sponsorship - \$250 – going to keep this level in the future
 - Exhibit Hall
 - 16 total exhibitors
 - \$1,150 income
 - 12 program ads - \$890
 - did not budget for guidebook ads
 - Unknowns –
 - Crowdcast
 - Zoom
 - Accessibility
 - Guidebook
 - Contract with Radisson Blu – force majeure will be honored
 - Pay It Forward Campaign – 20 donors - \$500 donated
 - Conference trends
 - number of students is lower than previous conference
 - Conference financial historical trends
 - expenses are low – no food and beverage, no room block
 - income is up moving forward
 - What worked?
 - Communication and collaboration
 - Drive
 - Out of the box thinking
 - Patience and fortitude
 - What didn't work
 - trying to fit the mold of previous conferences; timeframe; unknowns
 - Suggestions and Considerations
 - continued refinement of conference planning procedures
 - student involvement on planning committee
 - Pay It Forward campaign
 - 2022 Challenge – burnout of co-chairs and committee members in MN
 - GLR 2022 dates April 6-10
- a. Secretary: Megan Brewer
 - b. Treasurer: Lindsey Wright
 - Will provide 990 info to AMTA

- Fiscal year is now calendar year
- Total \$179,572.90 (does not reflect actual total because region needs to pay conference fees; reconcile with MWR)
- Year to Year Comparison of assets
- 2021 approved budget
- Questions
 - Chelsea Mabes – Is there a DEI committee budget? Lindsay Wright – yes
 - Kristin Lindaman – Is there a plan for the surplus? Lindsey Wright – yes

Motion: Stephanie Hubbard – Motion for a fluid agenda
Second: Deborah Soszko
Approved

Motion : Lynnae Sis – Motion for a 30-minute extension to the meeting
Seconded: Leslie Henry
Approved

I. State Representative Reports:

- Illinois:** Deborah Soszko
 - great financial standing, restructured the budget to give back more in the past
 - \$15,951 in account
 - 50% off of membership fees this year
 - budget considerations toward member and student support
 - trying to push social media
 - anti-racism training, BIPOC organizations
 - member support – financial and disaster relief
 - meeting minutes more transparent
 - Spring virtual CMTE – Ethics
 - website updated
 - digitized archives utilizing Google drive
 - licensure bill currently stalled
 - Student retreat in Fall, virtual options
 - Clinical training sites same as previous year
- Indiana:** Jennifer Pinson
 - email reminder for Indiana state meeting
 - CBMT provider code renewed
 - 2 student scholarships
 - 68 members
 - appendix K has been extended until further notice and MT is allowed for MTs throughout the Medicaid waiver
 - House Bill 1516 for title protection
 - New board members taking over when the meeting is finished tomorrow
 - 9 internships, 7 universities
- Michigan:** Alisha Snyder
 - 55 members
 - active student groups at Eastern Michigan University and Western Michigan University
 - Virtual Meet a Music Therapist Night
 - CMTE – May 22 - Cultural Responsiveness in Music – Dr. Swamy
 - task force – house bill died at the end of the year, representative is willing to sponsor again; will be reintroduced in the Fall
 - advocacy training in the late summer
 - upcoming interns – Spring memorial scholarship

-Executive board staying the same this year

- Minnesota:** Stephanie Hubbard
 - great financial standing with MN foundation grants and Cannon foundation
 - 2020 conferences were all virtual and successful
 - professional scholarship 3x per year, intern scholarships 2x per year
 - member support fund – quickly support members; allocating 10% of all future conference funds to keep fund in good standing
 - task force is hard at work, no hill day this spring, new bill in process, seeking secondary author
 - sending out a statewide survey
 - 7 national roster internship sites, 2 universities
 - changes in waiver is allowing MT, organization supporting reimbursement committee to help educate members and MTs in MN
 - established a covid-19 response team
 - racial equity goals into this year and beyond
 - executive board elections in the Fall
- Ohio:** Valerie Robinson
 - first virtual general board meeting last November
 - provided covid support awards and scholarships; self-care support award, covid financial support awards, conference scholarships and internship scholarships
 - reintroducing licensure bill in the Spring
 - student representative and coordinator help students connect
 - planning virtual state conference in September
 - OH business meeting – email link sent out
- Wisconsin:** Lynnae Sis
 - October 2020 - Zoom CMTE – 39 attendees
 - January 23 - board met for strategic planning to increase membership
 - bylaw changes
 - supported IN by sending letter to keep the University of Evansville MT program
 - Sister Lucille will be honored by the state association by giving MT of the year award in her honor
 - Founder's fund awarded
 - March is MT month in WI, certificate signed by the governor
 - new webmaster starting tomorrow
 - MT of the year awarded to Rachel Miller
 - April 20th Hill day will become a roundtable discussion
 - Roundtable in October

Agenda paused at 8:24 pm

March 6, 2021

Call to order: Rebecca Barnard 7:01pm ET; 6:01pm CT

II. Appointed Officer Reports:

- Archivist:** Ed Roth
- Editor:** Andy Panayides
 - Reports due March 14, will publish 8 days later, be mindful of daylight savings time
- Student Advisor:** Bernadette Skodack
 - students holding social networking hours, internship timeline guides, scholarships, 2 student scholarships reviewing this evening.

- Theme: Things are Better Stronger Together
- Intervention swap/internship panel/networking groups/AMTAS store/
- doing well financially

- a. Student Representative: Anna Barker
 - thanked e-board members, program directors, internship directors
 - please check out the gmail
 - held winter student rep mtg 12/21 schools represented
 - AMTAS new DEI student rep
 - social networking hour
 - GLRAMTAS newsletter
 - scholarship opportunities
 - conference
 - highlighting student MT organizations across the country
 - updated resources on their website
 - met with the MWRAMTAS board
 - 60-70 students
 - Dr. Natasha Thomas – Things are Better Stronger Together
 - raised 350\$
 - 300\$ grant for regional project – resource relief grant
 - 2 scholarship winners from presidential scholarship
 - Cathleen Cisero 100
 - Renata White 50
 - 4 early-bird scholarships for students attending business mtg = 160
 - looking for suggestions to how to support students
 - grad/Phd students
 - please send suggestions for how to support them
- b. Website Coordinator: Julie Palmieri
 - Visit the website
 - late December 2020 – rebranding and refreshed, redesigned and streamlined
 - things are going well

II. Standing Committee Reports:

- a. Academic Program Approval: Carol Olszewski
 - 94 approved programs
 - 1 new bachelor program approved – Austin Peay State, Tennessee
 - Under review – 2 additional new bachelors programs and 4 new masters programs,
 - 2 reapprovals – Augsburg and Molloy
 - 1 reapproval in process
 - 10 overall for the year have been reviewed
 - Changed structure – adopted meeting schedules to better serve ongoing tasks
 - APAC proposed 15 changes
 - Highlights went in effect January 2021
 - newly approved programs will be required to check-in after three years for the purpose of supporting new program directors and strengthening administrative support at the program level – following check-in the programs will remain on the typical 10-year reapplication schedule
 - distance-learning guidelines to improve transparency in program and course levels
 - online learning – programs interested in remaining online, we have developed an abbreviated application programs can fill out
 - current date for short-form requirement is June or July 1, 2021
 - Advanced competencies must be listed in course descriptions and syllabi
 - Undergrad student-faculty ratio of 20:1 with a lower ratio for program directors

- Guidelines for university affiliated internship – approved
- clarify roles of supervisors, protection for students

- a. Association Internship Approval: Kay Luedtke-Smith
 - 40 active internship sites
 - 10 inactive internships sites
 - 4 new internship sites
 - 2 MI - CS Mott Children's Hospital & Helen DeVos Children's Hospital
 - 1 IN - Riley Hospital for Children
 - 1 WI - Expressive Therapies
- b. Communications & Technology: Alyssa Stone
 - have not met yet for 2021 year
 - putting together free workshops on telehealth and tech support
 - AMTA techstop on social media
- c. Continuing Education: Laurel Rosen Weatherford & Kaleigh Hague
 - Credits from GLR 2021, fill out survey if you took CMTE or Institute
 - Email if you did not receive the link
 - Certificates by April 12, 2021
- d. Standards of Practice: Jennifer Fiore
 - no report
- e. Research: Annie Heiderscheit
 - Thank you to researchers who have shared in the conference
 - National Endowment for the Arts looking for MT research proposals with collaboration with Creative Forces
 - New call for proposals from National Institute for Health
- f. Government Relations: Nancy Swanson
 - Advocacy and legislative updates
 - Region is very active
 - Be on the lookout for calls to actions
 - refer to the voice for a more detailed account for what is happening in each state
- g. Reimbursement: Stephanie Morris
 - met with AMTA reimbursement committee Nov 2020
 - good number of talking points
 - MT working in medical hospitals and bx health considered essential workers
 - state agencies, arts councils, grants
 - plans for 2021; expand website resources, coordinate efforts with government relations committees and state task forces
- h. Interprofessional Collaborative Resources: Laura Pawuk
 - 3 goals
 - educate music therapy profession to other organizations and professional disciplines
 - interpret attitudes and opinions of these organizations and our scope of practice
 - identify, develop, maintain, and give recommendations to AMTA regarding relationships between AMTA and other organizations
 - activities
 - 5 fact sheets
 - neurodegenerative diseases, mental health, addiction treatment, and pain
 - special education has been completed and is under review

- collaborating with experts in MT to create these fact sheets
- online filing system shared between committee members
- increase visibility of MT effectiveness – intent for these to be shared on social media platforms
- future project - CMTE course providing strategies and resources for MTs to better connect with and educate other professionals about the field of MT
- a. Workforce Development & Retention: Krista Cole
 - created a retention survey approved by AMTA
 - shared eternal google form – area of concerns can be added to the form so we can talk to AMTA about potential concerns
 - regional conference has a regional information session for high schoolers
- b. International Relations: Yue Wu
 - will be submitted to the Voice of the Lakes
- c. Membership: Rachael Lawrence-Lupton
 - numbers are down
 - 790 members (957 in 2019)
 - non-traditional phone drive – listens and understands how we can be better support our members
 - Goal: Reach out to four individuals per week who have decided to not renew membership
 - Objective: To listen and understand, to validate any concerns they may have towards being a member. The emphasis is not on increasing our membership for AMTA, bt for those who feel they are not being heard will have a voice
 - anyone interested in assisted are welcome to contact her at her email listed on the GLR website
- d. Professional Advocacy: Jessica DeVillers
 - continue to strive to work with MTs to handle misrepresentation of MT
 - work with MTs on advocacy in the workplace and community
 - present at national and regional conferences
 - active private Facebook group with advocacy resources
 - AMTA national professional advocacy committee
 - resource file of advocacy misrepresentation and location
 - created sub-committees, presentations, graphics, social media, and analysis of community trends from 2016-2020
 - helping to refresh community documents and provide updated information to AMTA
 - anyone who needs assistance with professional advocacy can reach out
- e. Clinical Practice Networking: Lee Anna Rasar
 - support groups for networking on how they were affected by the pandemic and DEI issues
 - how to work with regional representatives to include the same topics and follow-through at the regional level
 - formal request to restructure to national model and follow through with topics covered at the national level
- f. Diversity, Equity and Inclusion Sangeeta Swamy (Jennifer Hicks)
 - selection of committee who hired new executive director
 - created criteria, online application, reviewed and ranked applicants, and made recommendations of four members to AMTA board
 - February 11, 2021, DEI committee hosted national town hall on Zoom with approximately 150 attendees to connect with professional members, students, and non-members of AMTA
 - shared info about the committee, active goals, and responded to questions and comments
 - updated web presence on AMTA website under member resources

- Two primary goals
 - To increase diversity and multiculturalism training and resources for AMTA members
 - To provide a support system and resources for professionals and students from minority groups
- DEI website: https://www.musictherapy.org/members/official/com_diversity/

I. Old Business

a. GLR 2021

II. New Business

a. Bylaws

X. Assembly nominations

Motion to accept the assembly nominations: Ronna Kaplan

Second: Jennifer Jones

Approved

b. GLR 2022/2023

- shift 2022 to Radisson Blu
- 316-250
- 135
- 30,000
- April 6-9, 2022
- Co-chairs TBA
- Request from WI to shift the conference location for 2023
- Will remain in IN for 2023
- Not sure which city yet – Indianapolis or Fort Wayne

c. Strategic Planning

- executive board will be meeting in the following months
- town hall – reaching out to members soon
- a lot of listening going on at this time in our profession, take time to listen to members and use it to move forward – we want to hear from all of the stakeholders

XI. Updates/Announcements and Adjournment

- Raffles
- Melaine thanked Rebecca for her service
- GLR board will change after tonight
 - Debbie Bates is stepping down after serving for 13 years
 - Megan Shelley as Secretary is transitioning to Amy Foley
- IN announcement – Proclamation for Music Therapy Week March 14-20, 2021
- Ericha Rupp – creating a montage of conference attendees answers to questions related to resilience
- Congratulations to Ed Roth on PhD
- Thank you to committee members

Meeting Adjourned: Melaine Pohlman 8:18

Motion: Tracy Richardson

Second: Sharon Boyle

GLR Special Projects

GLR Special Projects are a mechanism established by the Great Lakes Region for members to support clinical projects, research projects, or committee-related projects. Funding is available in two categories. Each fund has a specific purpose, protocol, and eligibility requirements.

1. The MUSE Fund (MUSical Instruments and supporting materials, clinical Services, Education)
2. Research Fund

The MUSE Fund

The MUSE fund is intended to support the needs of clinicians, the clinical use of music therapy within the CBMT Scope of Practice, AMTA Standards of Clinical Practice, and within the boundaries of the Professional Competencies of music therapists, and the advancement of GLR. Members of the GLR, including student members, can apply for funds to support the clinical use of music therapy including the purchase of musical instruments and supporting materials, the clinical training of the music therapist, clinical services of a music therapist, or one-time committee-related projects. The outcomes of projects supported by the MUSE fund are to be *clinical or professional* in nature. Data collection related to projects funded by MUSE is to be for the express purpose of enhancing the quality of music therapy service for the *client* or for advancement of the music therapy *profession* and not intended for research. Should data be collected for the purpose of presentation or publication, applicants should apply for Research funds.

Applicants are encouraged to apply for the MUSE funds to support various aspects of clinical practice and professional life as a music therapist. Examples of materials, education, and services include but are not limited to the following items: drums, iPad, Orff instruments, sign language course, fees for a clinical music therapist, parachute, one-time committee travel expenses, etc. Within the application, it should be made clear how the funds would be used and how the practice of music therapy would be enhanced by the funds.

Research Fund

Members interested in conducting music therapy research are encouraged to apply for the Research fund. Projects that are considered to be research are those that collect various types of data for the purpose of answering a research question that may or may not directly impact a specific client. These include master's theses, dissertations, and other studies where publication or presentation is the desired format for distributing results. All applicants proposing research involving human participants must have clearance by from an Institutional Review Board (IRB) or Human Subjects Review Board (HSRB). The GLR Executive Board will consider only those research proposals that have such a mechanism in place for the protection of human participants. Research that is approved by the GLR Executive Board will receive funding only after the applicant/researcher provides written proof of IRB/HSRB approval.

Research funding can be used to cover expenses related to research including but not limited to the following areas: travel costs, materials, testing measures, computer time, analysis support, instruments, clinical services for another music therapist, etc. Stipends for the primary researcher are not the purpose of this fund but will be considered in conjunction with other expenses and funding sources.

Dissemination of Results

If chosen for either the MUSE or Research award you will be asked to share the outcome information either through a concurrent session for the MUSE award or research poster submission for the research award. These presentations will be coordinated through the GLR President Elect. It is strongly preferred that these presentations occur at the GLR conference the following year from the date awarded. If the project is not complete or you need additional time please let the GLR President Elect know. You will be required to fill out a call for papers or research poster submission form, but no blind review is needed. If you would like to present in a different or additional format, a blind review will be required. Questions can be emailed to the GLR President Elect at glr.president.elect@gmail.com.

Submission Process

Applications for either fund are due to the President Elect 30 days before the GLR conference during which they will be considered. One MUSE and one research proposal may be funded at the GLR Regional Conference. Each project, regardless of the type, that is approved by the Executive Committee will be funded at an amount up to \$1,500. Applicants should do the following:

1. **Submit full proposal via email;** including:
 1. Completed Application (attached)
 2. Project Narrative (3-page limit) that outlines complete details of your proposed project:
 1. Statement of need
 2. Detailed explanation of the project
 3. Project design
 4. Breakdown of funds request
 5. Timelines of project (Please include in your timeline above when you plan to share the outcome information with the GLR membership.)
 6. Any other information that you feel supports the need for the funding request
 3. Additional copy of Project Narrative for blind review. Please remove any identifying information (name of music therapists, facility name, city, etc.) from this copy of the project narrative. This is the copy that will be shared with the GLR Executive Board members.

All items are to be Submitted in one email to the GLR President-Elect at least 30 days before the GLR conference. (glr.president.elect@gmail.com) Discussion and voting will take place during the GLR Executive Board meeting at the GLR conference. Applicants will be notified within 30 days after the GLR conference regarding the GLR Executive Board's decision.



GLR Special Projects Application

Please complete the following information and submit with your formal request for funding no later than 30 days prior to the GLR Conference.

Name: _____

Address _____

City: _____ State: _____ Zip: _____

Phone Number: _____

Email: _____

Title of Project: _____

Which Fund Applying For: Research MUSE

Name of Agency in which Project Funds will be used:

Signature: _____ Date: _____

Please provide the details about the project in a separate document (with a limit of three pages in total) including:

- Statement of need
- Detailed explanation of the project
- Project design
- Breakdown of funds request
- Timelines of project (Please include in your timeline above when you plan to share the outcome information with the GLR membership.)
- Other information that you feel supports the need for the funding request

All materials must be submitted to the President-Elect within 30 days of the GLR Conference. Applications and questions concerning Special Projects should be directed to the President-Elect of the GLR at glr.president.elect@gmail.com

Membership Support & Useful Links

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Application for Membership Support

The mission of the GLR of AMTA is to advance and support the mission of the American Music Therapy Association on the regional level and to serve GLR-AMTA members. The Executive Committee of GLR of AMTA has created a Membership Support fund to assist members in the region who may be experiencing temporary financial struggles. This assistance is intended to help GLR of AMTA members with paying AMTA membership dues or continuing education opportunities. Please note that a member may not receive Membership Support funds from GLR of AMTA more often than once in a three year period.

Procedure and Timeline:

1. Complete this application.
2. Submit to the current **Past President of GLR of AMTA**. You may submit an application at any point during the year.
3. Applications will be considered by the Executive Committee at the national conference (October/November) or regional conference (March/April), immediately following the application.
4. In some cases applicants cannot wait for the next conference to receive a decision, due to impending deadlines (e.g., CMTE registration). Applications marked "Time Sensitive" (see below) which arrive between conferences, will be considered as soon as possible, via phone conference or electronic means.
5. Applicants will be notified within one week after the application is voted upon by the Executive Committee.

Name: _____

Address: _____

Email: _____

Phone: _____

I am requesting Membership Support funds to assist with (check one):

- AMTA Membership Dues (for the year _____)
- Continuing Education opportunity

Please provide a detailed description of how these funds will help you meet professional responsibilities and goals. Please limit your response to space provided.

Amount Requested: _____ Time Sensitive? (circle one) Yes/no

If your request is time-sensitive, please explain why it is time sensitive and provide the date the funds are needed

GLR of AMTA Membership Support Application
2015

GREAT LAKES REGION RECOGNITION
AWARDS

Scholarship Opportunities for AMTA
Members

Support Music Therapy Just By
Shopping Online

WELCOME TO THE GLR-AMTA
MENTORING PROGRAM